



NOTICE OF PRIVACY PRACTICES

This is a brief summary of how your health information may be used and your rights under HIPAA.

Your Privacy Rights

- You may see or get a copy of your record.
- You may request corrections if something is wrong.
- You may ask for limits on how your information is used or shared.
- You may request confidential communication (email only, no voicemail, etc.).
- You may request a list of certain disclosures.
- You may request a paper or electronic copy of the full Notice at any time.

How Your Information May Be Used Treatment:

- Coordinating your care, consulting with other providers.
- Payment: Billing, superbills, verifying benefits.
- Healthcare Operations: Quality improvement, administration, licensing.
- Required by Law: Court orders, abuse reporting, emergencies, or threats of harm.

When Written Permission Is Required

- Psychotherapy notes.
- Communication with attorneys, employers, schools, or family.
- Marketing or non-routine disclosures.
- You may revoke permission at any time.

Psychotherapy Notes

- These notes have extra protection and are kept separate from your medical record.

Telehealth Privacy

- Sessions are not recorded.
- The platform is HIPAA-compliant.
- You are responsible for choosing a private location.

Louisiana-Specific Protections

- Louisiana law provides additional privacy protections, especially for minors.

Concerns or Complaints

- You may contact the U.S. Department of Health & Human Services (1-800-368-1019) or contact the provider directly.
- You will not be penalized for filing a complaint.